

# Saint Raphael the Archangel

## The Guide

A weekly newsletter for the school community

Volume 5, Issue 13

November 17, 2016



From the Principal's Desk

Mrs. Kim Vangel

Dear St. Raphael School Families,

We had a wonderful Veterans Day Prayer Service and Reception on Friday, November 11th where we honored veterans from WWII, the Korean War, the Vietnam War, Desert Storm, Somalia, and the wars in Afghanistan and Iraq. Our prayer service was led by our 5th Grade class under the direction of our 5th Grade teacher, Miss Amanda Imo and our Music teacher, Mrs. Caroline Zarinelli. Flags from all the branches of service were generously provided by Kriegshauser Funeral Home and made a beautiful backdrop in church for the service. The children spoke about our veterans and the day set aside to honor them, they read a roll call of veterans who have passed away and are special to people in our school community, and they sang patriotic hymns as well as a special song composed by our own Mrs. Zarinelli.

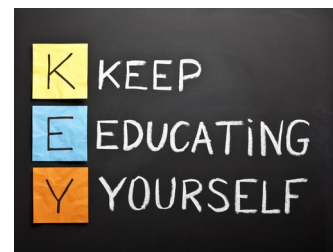
We then enjoyed a reception in the cafeteria with donuts and coffee, and were treated to a number of stories from the veterans themselves. We even had a recent SRA graduate there, Jack Costello, who is now in the Army, part of the ROTC program at Murray State University. Jack was able to stick around and talk with our 6-7-8th Graders about what it takes to get to where he is, making the right choices, working hard, and striving to reach your goals and dreams. All in all, it was a great tribute to our veterans and members of the armed services, and we were honored to have them with us for that special morning. Many thanks to Miss Imo, Mrs. Zarinelli, Kriegshauser Funeral Home, and the 5th Grade class for making it all possible!

Our students in K-8 are off school on Friday, November 18th, as our teachers spend a day in professional development. These days are extremely important to the advancement of our teachers in their craft. Unlike many other jobs, teachers do not have a great deal of time during their regular work days for professional conversations and interactions with colleagues; the majority of a teacher's day is spent with his or her students! So these Professional Development Days provide extended time for teachers to learn and grow, and we are so grateful for the support of our school community in providing us this critical time. We have two major topics for our November 18th Professional Development: First, we will be looking closely at our student and class scores on the IOWA Assessments. We will analyze these scores for patterns of improvement, and to identify areas that need overall attention. We will look at best practices for utilizing testing data to improve learning and student performance.

The second part of our day will be spent studying and reviewing developmentally appropriate behavior for students in each of our grade levels at St. Raphael. We will examine what typical behavior looks like for each age group, and compare it to our behavioral expectations at school. We will be searching for gaps and overlaps in terms of our expectations versus normal behavioral development, as well as discussing strategies for better aligning our outlook on behavior with child maturation.

As you can see, educators are always striving to better their skills, and teachers must know much more than just the content they teach. Being a teacher truly does require an intelligent combination of art and science, as well as a great deal of patience, energy, and humor. Thanks so much for supporting our quality faculty and their work with your kids!

Peace,  
Kim Vangel  
Principal



**All School Advent  
Mass**

**8:00am**

Thursday, December 1  
6th Grade Planning

Daily Mass Time:  
8:00am Grades K - 8  
Monday - Thursday

Benediction 2:00pm  
First Friday of the  
month

# November

- Nov. 17 - 3:15-4:15pm Chess Club in Art Room
- Nov. 18 - Teacher PD Day No School K-8  
Preschool is open
- Nov. 20 - 10:00am Family Mass/Donut Sunday
- Nov. 23 - 8:00am Thanksgiving Mass Noon Dismissal  
Preschool open all day
- Nov. 24 & 25 - Thanksgiving Break No School Preschool-8
- Nov. 26 - 5:00-9:00pm Advent Wreath Making - School
- Nov. 27 - 7:00-9:00pm Christmas Tree Lighting at  
Francis Park-Nottingham & Childress
- Nov. 30 - 3:15-4:30pm SRA Schola Rehearsal in Church



**November Birthdays**

- Grace Goeddel-17
- Chase Lashley-18
- Joshua Abbott-20
- Owen Hejlek-21
- Miss Bussmann-22**
- Caroline Hahn-23
- Emilia Hahn-23
- Patrick Meier-27
- Thomas Finan-29



Seventh Graders are in charge of safety patrol at the corner of Bishops Place and Highfield. Students should arrive by 7:30 in the morning and again in the afternoon at 3:10.

Thank you! **2nd quarter patrol schedule:**

**November 21st:**

Jenna and Annie  
Lucy and Grace



**RECESS/LUNCH DUTY**

Want to spend an hour during the day helping out at recess or lunch duty at St. Raphael? We would love your assistance! The times of lunch and recess are as follows: 11:10am Preschool goes to lunch—11:15-11:40am (PreK-3) - 11:45-12:05pm Lunch (4-8). All volunteers must have completed their Protecting God's Children requirements. If you can help, please email Lori Stawizynski at [loristaw76@yahoo.com](mailto:loristaw76@yahoo.com)

Monday, November 21 Donna V. & Heather K.

Tuesday, November 22 Stephanie K & Gen B.

Wednesday, November 23 Noon Dismissal K-8

Thursday, November 24 Thanksgiving No School PK-8

Friday, November 25 No School PK - 8



**Recess Update – Angela Cierpiot**

Recess has been great. We have so much for which to be thankful, including this beautiful weather. I am thankful for the positive energy I receive each day as I work with your beautiful kids. It has been a pleasure getting to make new friends with them. We are truly blessed at SRA with sweet, kind hearted kids and parents who are so devoted to them the love shines like a bright light every day. A friendly reminder, please be sure to dress the kids warm enough to play outside. We will play outside as long as the temp is above 32\*. I have seen many on these chilly days without cold weather clothes. Please remind them to bundle up for recess. If they dislike the puffy coats as much as my kids, layering polar fleece items is helpful and head wraps if they battle the hats. See you outside!

**Bellarmino Speech**

**Congratulations to:**

Sara Brinkmann & Merritt Jugo—Gold in Duet

Rachel Schaefer—Blue in Serious

Lucy Schlichting & Katie Cyr—Red in Serious

**STUCO**

Thank you for your generous donations of food for our annual Thanksgiving Food Drive. Because of your generosity, SRA was able to provide a bounty of food for 20 families.

Friday, December 9th - 5th - 8th Grade St. Nick's Trivia (please see attached registration)

Wednesday, December 23rd - 2nd Annual Christmas Kick-off - We will need parent volunteers to help with face painting and games. Please let Mrs. Runiewicz know if you will be available that morning before parties to help with this fun event. Please join in the fun.

**ADVENT WREATH-MAKING PARTY**

Saturday, November 26

After 4:30 pm Mass in the cafeteria

Join us again this year for wreath-making and a pot-luck dinner. All the supplies are provided for the wreaths.

Family Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Number of family members attending: \_\_\_\_\_

This will be a pot-luck style dinner. Mrs. Amy Ruggeri is preparing the main dish for the meal. We are asking each family to bring a side dish or dessert to complete our meal. Please indicate below what you would like to bring.

Vegetable side dish: \_\_\_\_\_

Other side dish: \_\_\_\_\_

Salad: \_\_\_\_\_

Dessert: \_\_\_\_\_

Please drop off this registration form in the collection basket, at the rectory or send to the school office no later than Monday, November 21.



**Mrs. Diane Gewinner: Learning Consultant**

Here is some information I came across recently for parents of students who fall into the Gifted Range of Intelligence. SAGE St. Louis Association for Gifted Education

They have support for students in Private Schools called GAPS, which stands for Gifted Advocacy for Private Schools, as well as holding informative lectures to assist parents and teachers. You may reach them by the following:

Email sagegifted@gmail.com

Mailing St. Louis Association for Gifted Education  
PO Box 29455  
St. Louis, Mo 63127

**Miss Elise Bussmann: Writer's Workshop (6-7-8) Spanish (4-8)****Spanish:**

Eighth Grade is beginning work on the verb ir. Seventh Grade is beginning reflexive verbs and reflexive pronouns. Sixth Grade is working on the verb ser and talking about people.

**Writer's Workshop:**

Eighth Grade is discussing and writing about current events and school related topics. Seventh Grade and Sixth Grade are finishing their research papers and discussing current events.

**Mrs. Kim Westrich: Art**

Kindergarten students have experienced Choice-Based Art with more limits than the other grades. They have been working in assigned seats, with a choice of limited materials that I provide to each table and the whole class is working from the same materials. Sometimes we made art with a specific theme or subject and sometimes students could choose what to make. We have learned and practiced the basics: cutting, gluing, blending pastels, mixing paints and building 3D with paper. Last week Kindergarten experienced their first time choosing which studio to create art! Students were given guidance for each studio and again had limited supplies, but they chose where to work based on their own interests. Students did very well handling their new seats and new the responsibilities of getting their own supplies and cleaning up. I was so impressed.

**Mrs. Peggy Martin: Physical Education & Art Grades Pk-3**

Hello to all! The weather has been fabulous and we really love being outside.

This week we will be doing Perceptual Motor Stations. This is great practice on balance and agility. The Third Grade will be working on cooperation while playing team sports.

Let me take this time to wish your family a blessed Thanksgiving.

DON'T GOBBLE TILL YOU WOBBLE! Have a great time.

**Mr. John Bruno: Physical Education—Grades 4-8**

The students are now working on soccer skills. This week they worked on dribbling, passing and shooting skills. Previous experience on various select teams and CYC leagues helped the students understand the various drills. We will continue with soccer activities this week. I think that most of the students, especially the Eighth Graders will enjoy my annual Thanksgiving touch football game. The games will be played on Wednesday, November 23rd during the physical education classes.



St. Raphael the Archangel SIUCO  
presents 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade  
St. Nicks Trivia Night and Canned Food Drive

December 9, 2016

6:00-9:00

St. Raphael Cafeteria

6000 Jamieson Avenue, St. Louis

\$10 per person

8-10 people per table

Games

Prizes

Friends

Music

We will provide light snacks and one soda per person.

Additional soda and pizza will be available for purchase.

Feel free to bring other snacks for your table.

The table that brings the most canned goods wins a prize.



Please complete and return to:  
Any questions: (314) 352-9474

St. Raphael the Archangel  
% SIUCO St. Nicks Trivia  
6000 Jamieson Ave.  
St. Louis, MO 63109

Names of participants and contact phone number:

---

---

---

---

---

---

---

---

---

---

Total amount enclosed: \_\_\_\_\_

Please make checks payable to St. Raphael Archangel

### Miss Chris Preschool Room B

We are on the letter K, so we are learning about Kangaroos and Koalas this week. We are also talking about Kindness during Jesus Club and we are trying to do random acts of kindness for our classmates. We are also going to try to remember to also do random acts of kindness at home for our parents and siblings.



### Kindergarten News: Miss Abby Morris & Mrs. Doyle

Kindergarten has been busy learning about Thanksgiving, shapes, counting by 10's and rhyming. We have been playing fun games in our classroom to help us learn sight words and rhyming words. Our students did a great job at bringing in food for our Thanksgiving Food Basket Collection. Way to go everyone!



### First Grade News: Mrs. Louise Balicki-Smith

I read this great article about the social, academic, and emotional development of first graders by Amanda Morin. I wanted to share part of it with you:

***First-grade social and emotional skills are an interesting mix of independence and an increased need for your attention and approval. By age 7, kids typically start to understand that friendships aren't something they can control by themselves. That may make them a little anxious. Many children also:***

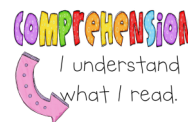
- ***Are more independent, but less secure; want a lot of attention and approval from adults***
- ***Form and break friendships easily; can be critical of other kids***
- ***Have feelings hurt more easily and start being very aware of other people's feelings***
- ***Are eager to please and want to "be first" and win***
- ***Understand right from wrong, but look for the loopholes in rules to get what they want***
- ***Become more gracious losers and are able to reflect on their role in conflicts (by the end of the year)***

***There's a lot of variation in the pace at which kids develop skills throughout first grade. Your child may meet social and emotional milestones before physical milestones or vice versa.***

I found this article interesting and insightful; it really resonated with what I see in our kids. I continue to watch our First Graders learn and grow with such amazement!

### Second Grade News: Miss Stephanie Amsler

This week Second Grade is learning how to identify and use reflexive pronouns. We know that these are pronouns with "self" or "selves" attached to them. We are also working with words that are spelled with r-controlled vowels. These words make it hard for us to determine the vowel because the 'r' takes over the vowel sound.



We are working on reading comprehension by comparing and contrasting two versions of the same stories. We read two versions of Cinderella, Goldilocks and the Three Bears, and The Three Little Pigs. We talked about the similarities and differences between the characters and the sequence of events in each version of the stories.

In Math we are continuing to work with two-digit numbers. We are learning how to subtract using regrouping. Next, we are going to learn how to use addition to check our subtraction problems. After that, we will use our addition and subtraction skills to solve word problems.

### **Third Grade News: Ms. Susan Polson**

Third Grade has begun some work with fractions. We are also measuring to the nearest quarter inch. Students have also been working with area and perimeter. In English we are completing our Noun Chapter and know the “trick words” in English: mice, geese, children, men, women and feet etc. Adding an apostrophe to form possessive nouns is a bit of a challenge. In Spelling our word lists contain “y” at the end of all the words, making either an “i” or “e” sound. In Social Studies we have done some work on map skills and discussed the three branches of government. Ms. Polson is focusing on biographies in her read-alouds.



**NEWSFLASH:** Testing Date Change: Tuesday, November 22 will be English Unit 2 Noun Test (study text p. 59-96) and Wednesday, Nov. 23 (1/2 day) will be Math Chapter 2 Addition Test (study text p. 64-98).

### **Mrs. Caroline Zarinelli: Music**

#### **Music and Drama**

Articulate! Project! Inflect! The three words the students of all grades hear most often in music and drama class. Whether the students are acting or singing, the simplest way to sound more professional is to speak your words clearly, throw your voice to be heard at a distance, and to alter pitch and tone of the voice. Most of the time we are good at articulating the beginnings of our words, but it is the endings that make us sound most eloquent. We know if we mumble we can't be heard. Remember the Charlie Brown school teacher voice that was just a monotone wah-wah-wah? So I say again, "Articulate! Project! Inflect!" These soft tools that we practice regularly are not just for performance, they are tools for life success!

### **Miss Patti Woods: Social Studies, Science, English (4-5)**

**In Fourth Grade English** we have finished our unit on nouns and are now studying verbs.

In Science we are identifying and describing different environments and how they support different types of plants and animals. In Social Studies we are taking a closer look at the Missouri Constitution and the Missouri Compromise.

**In Fifth Grade English** we have finished our unit on verbs, and are now studying adjectives. In Science we've reviewed states of matter and the concepts of force and motion. In Social Studies we have been discussing causes and consequences of the Westward Expansion.

### **Miss Amanda Imo: Reading, Math (4-5)**

**Fifth Grade:** The Fifth Graders have been reviewing what they have learned about worship and the Sacraments of Initiation this week. During Math the students began their unit on decimals. They have learned how to read, write, order and compare them. The students are very excited to begin Book Club during Reading class. I already have heard conversations about what is going on in the books thus far.

**Fourth Grade:** The Fourth Graders are learning how to multiply large numbers during Math class. They are learning various strategies, including the distributive property, to help them find the correct product. In Reading the class is currently reading *There's A Boy in the Girl's Bathroom*. The students have enjoyed laughing about the characters are discussing each part of the story in great detail.



**Mrs. Christy Connor: Social Studies & Religion (6-7-8)**

**Religion:**

Grade Six students have completed the story about Joseph and his brothers. They will begin to learn about Moses and the return of the Chosen People to the Promised Land.

Grade Seven students will complete their Confirmation Saint posters this week. They will continue to learn about the people that Jesus chose to be his Apostles.

Grade Eight students finished their review of the seven Gifts of the Holy Spirit and will begin to study the third mark of the Church - how the Church is catholic.

**Social Studies:**

Students in Sixth Grade are learning about specific indigenous people in Canada and at the United States.

Seventh Grade students learned about Colonial America and will begin to study the events that led to the American Revolution.

Eighth Grade students will begin to examine events in the United States between World War I and the Great Depression. All social studies students are reviewing and practicing how to use absolute location.

**Mrs. Laura Berns: Science (6-7-8) Standard Math (6-7-8)**

**6th-8th grade Math:**

Sixth Graders are ordering and comparing rational numbers and plotting them on a number line.

Seventh Grade is working on solving 2-step equations.

Eighth grade completed their lesson on calculating slope and is beginning to work with linear equations.

**6th-8th grade Science:**

Sixth Grade is wrapping up chapter 4. We will review Wednesday and Thursday of this week and their test will be Monday.

Seventh Graders received a new textbook, Earth's Waters. We are introducing the water cycle in Chapter 1. We will review Wednesday and Thursday of this week and their test will be Monday.

Eighth Grade began Chapter 4, carbon elements and carbon compounds. We plan to build carbon compounds later this week.

**Mrs. Jennifer Runiewicz: Literature (6-7-8)**

**Literature:** Sixth Grade has begun a new novel, *Hatchet*, by Gary Paulson, about a boy who is stranded on an island and learns to survive. Seventh Grade is reading the classic, *A Christmas Carol*, by Charles Dickens, to remind them of the importance of giving at Christmas. Eighth Grade will be reading *The Gift of the Magi*, by O. Henry, to show that people are willing to give up what means the most to them for the ones they love.

**Vocabulary Workshop** schedule should be taped/stapled to their vocabulary book cover or in their assignments books. I've also shared the schedule with each of them on Google Drive. Unit 6 test is Wednesday, November 16th.

**Miss Ashley Schaaf: Science (6-7-8) Challenge Math (6&7) Algebra 8**

**In Math this week...**

Sixth Grade is working with dividing decimals and simplifying expressions with dividing decimals.

Seventh Grade is working with square roots, both principal and negative. They are also simplifying expressions with radicals embedded within them. We will be finishing up the chapter and will have our test next Wednesday.

Eighth Grade had their test over functions Tuesday. We are reviewing the material from the test and continuing with a review over previously-learned concepts. We will not start the new chapter until after break.

There is no way to escape the ever-rising rate of violence in our society. In 2014, there were at least 21 terrorist attacks around the world with at least 50 people being killed. Today, the names of cities such as Dallas, New Orleans, Ferguson, San Diego, Paris and Munich have more meaning than their geographical location. These names can denote fear, horror and, certainly, anxiety. In the time of globalism, news is reported immediately and extensively. We seem to go from one 24hour coverage of a disaster to another. Media access brings worldwide events very close to children in the form of television, the Internet and social media.

We as adults find the daily news often overwhelming. However, have we considered the effects on our children of intrusive and unedited images which portray extreme acts of violence? Adults are better equipped to deal with the physical and emotional effects of these images. Children are more vulnerable. Given the intensity and frequency of these violent acts, how threatened are our children in terms of their sense of safety and security? We do know that children do not have the resources to manage the stress response that they may experience when being exposed to excessive and intense amounts of violence. Ten years ago, educators and therapists were concerned about how violent video games were affecting our children. Today the events that they are exposed to are real. Studies have shown that long-lasting effects may result in cognitive issues, such as learning and attention problems, along with emotional symptomology - especially elevated levels of anxiety.

Research shows considerably increased rates of anxiety and depression in the last thirty years. The proportion of teens reporting that they frequently feel anxious or depressed has doubled in the last thirty years from 1 in 30 to 2 in 30 for boys and 1 in 10 to 2 in 10 for girls. Among older students it was reported that 57% of female university students expressed feelings of overwhelming anxiety. Studies show that up to one in four children develop anxiety to the point that it is distressing and disrupting for them. Their feelings become overly intense and uncontrollable.

Beyond the world events, there are other possible causes for this rise in anxiety. Some would say that our young people have too many options and choices. It has been found that people with fewer choices are significantly more resilient. They have more parameters. They have more boundaries. Children are told that they can become anything they want in today's world. Yet we see more and more older teens struggling with making basic life and career choices. There may be too many choices.

Stress levels can also be triggered by the growth and intrusion of technology. A 2014 study by Baylor University in Waco, Texas, found that female students in America spend an average of ten hours on their phone a day. For male students it was eight. Young people today have to "brand" themselves as opposed to "being" themselves. This factitious life results in emotional isolation which is one of the major causes for anxiety and depression. Technology can teach children that contact with others is accomplished superficially, with a lack of depth, and little longevity. The work of therapists in the future will be teaching today's children how to emotionally cope.

The seeds for worrying often lie with parental behaviors that help create or exacerbate the child's feelings. Over-involvement is one way that a parent can convey his or her anxiety to the child. For example, over-anxious parents will tend to be much more intrusive than a parent who is not overly anxious. The parent's anxiety is telling the child that there is something to be worried about. It also tells the child that she may not be capable of completing the work or task acceptably. Eventually, it has the effect of diminishing a child's confidence. The message is: "I must not be capable enough to do this on my own."

With good intentions, parents want to anticipate a child's fears by trying to protect him or her. In reality, they are exacerbating the problem. Even on a social basis, it has been found that parental social anxiety should be considered a risk factor for childhood anxiety. Children can take on the stress of the parent. While there may be a genetic component to childhood anxiety, we know that there certainly are environmental factors. The good news is that the environmental factors can be addressed.

Let's look at how we can help our children feel safe and competent. This is the antidote to anxiety:

- In order to keep children from experiencing anxiety, they cannot be under- or over-protected. Both neglectful parenting, wherein basic needs are not met, and helicopter parenting, wherein the child is parented to a degree that inhibits independent growth, will create more anxiety. When children are not watched over when there is a need, and they are not given basic boundaries or emotional resources, their world becomes unsafe. On the other hand, when children are overly protected, they don't develop an inner sense of security that says that, "In general, my world is safe."
- Be cautious in helping children avoid the things of which they are afraid, especially when they are capable of facing these issues. If they avoid facing problems because of anxiety, this will alleviate the issue in the short run, but it reinforces the anxiety over the long run. We can help our children get through these difficult times by providing them with reassurance and extra emotional support by letting them discuss their fears. However, we do them no favors by doing the task for them or protecting them from the experience.
- We need to be aware that our children can take on our anxiety. Parents must find the balance between being able to share their concerns and feelings and not placing their anxiety on their children. Parents must address their own feelings before they can help children understand and label their feelings. Therefore, when parents know that they are experiencing their own fears, they need to obtain help in relieving and dealing with their emotional reactions. Most importantly, this will have the secondary effect of protecting one's children.
- We need to help our children understand that they are ultimately responsible for the course of their lives. The workings of the outside world certainly can have their effects on every one of us. However, we each have the ability to maintain our own sense of control and sense of self-governance. Our parental work is to help our children believe that they have the power to make choices and control the outcomes of their life. This means either their success or their failure. They need to understand that they can influence the events of their lives through their decisions and efforts. This will give them a healthy and strong sense of self. When we allow them to make age-appropriate decisions and then truly experience the consequences of those decisions, without our rescuing them, they learn that their decisions largely control the outcomes in their lives.
- Lastly, if we or our children continue to feel overwhelmed by anxiety, then therapy is a very appropriate option in resolving it. We need to remember that, left unchecked, the problem generally becomes exacerbated. Anxiety is the most common psychological problem. However, it does need to be addressed.

In this "Age of Anxiety," we may not have control over outside forces impacting our world. But what we can do for ourselves and our children is develop within us a sense of empowerment. This is accomplished by being conscious of the decisions that we make and not avoiding those issues that we find anxiety-provoking. Our goal is to help our children live healthy and full lives, even though the world around them is not always safe.

**Mary Fitzgibbons** is a licensed psychologist and has been the Director of West County Psychological Associates since 1986. Dr. Fitzgibbons created Comprehensive School Services, which provides consulting services and counseling to administrators, staff, students and parents. She has worked extensively with many public and private school systems in regard to dysfunctional families and at-risk children. Before beginning her career as a psychologist, Dr. Fitzgibbons was in education for 20 years, in both elementary and secondary levels. She was formerly a counselor and guidance director at Lafayette High School and an adjunct professor at Webster University, St. Louis University, Fontbonne University, University of Colorado and the University of San Francisco. She lectures frequently to schools and organizations, in addition to providing numerous presentations to local, state and national professional groups on issues of children and families.



## Scholarship Programs for the 2017-18 School Year

Families have the opportunity to apply for all the scholarships listed below using the unified online application at no cost. To make the process easier for families and schools, one application is now being used for all scholarships funded by the Catholic Education Office, the Roman Catholic Foundation of Eastern Missouri, and the Today & Tomorrow Educational Foundation. The Scholarship Office at TTEF will review your application and determine if your family is eligible for any awards based on each program's guidelines and funding availability.

Scholarship	Description	Open to All Faiths
Alive! In Christ	For students of income-eligible families to attend any archdiocesan parish elementary school. Students of new families are eligible in grades K-4. Students of existing families are eligible in all grades. Scholarship is renewable through grade 8 and maximum award is \$2,000. <b>FIRST COME – FIRST SERVED!</b>	✓
Help for Today, Hope for Tomorrow	For students of income-eligible residents of the City of St. Louis to attend grades K-8 at any private or parochial elementary school in the City of St. Louis. Scholarship is renewable through grade 8 and award amount is based on tuition. Maximum award is \$2,000.	✓
Futures	Full scholarships for students of income-eligible families to attend grades K-8 at the following schools: Most Holy Trinity School & Academy, St. Cecilia School & Academy, St. Louis Catholic Academy, and St. Louis the King School. Scholarship is renewable through grade 8.	✓
<i>Beyond Sunday</i> Elementary	For students of middle-income families to attend grades K-8 at any Catholic elementary school (archdiocesan, parish, or private). Preference given to Catholic families registered in a parish of the Archdiocese of St. Louis. Scholarship is renewable through grade 8. Application period is open January 30 – February 28, 2017.	✓
<i>Beyond Sunday</i> Fellows	For students of middle-income families to attend grades 9-12 at any Catholic high school (archdiocesan, parish, or private). Preference given to Catholic families registered in a parish of the Archdiocese of St. Louis. Scholarship is renewable through grade 12 and all recipients participate in one faith experience and one service activity together. Application period is open January 30 – February 28, 2017.	✓
SOAR!	For students of income-eligible families who wish to attend grades K-12 at select Catholic elementary and high schools in the City of St. Louis and North Saint Louis County. Elementary scholarships are in the amount of \$3,800 and are renewable through grade 8. High school scholarships are renewable through grade 12 and the maximum award is \$4,000.	✓
Catholic Family Tuition Assistance	For students of income-eligible, registered Catholic families to attend grades K-12 at any archdiocesan or parish school.	
Parish Employees Endowment Fund	For students of income-eligible parish employees working 1,000 hours or more per year to attend grades K-12 at any archdiocesan or parish school.	✓

**APPLICATION AVAILABLE JANUARY 30, 2017!**

*See Reverse for Important Additional Information*

T: 314-792-7777 | F: 314-792-7629 | E: [ttef@archstl.org](mailto:ttef@archstl.org)

**Important Additional Information**

- Individual students may not receive more than one scholarship if awarded, not including Catholic Families Tuition Assistance and Parish Employees Endowment Fund. These funds may be awarded in addition to the other scholarships listed. Families may have multiple children receiving scholarships.
- Documents needed to complete applications include:
  - o High School Students are required to submit an essay and contact information for two references at the time of application to be considered for the *Beyond Sunday* Fellows Program.
  - ESSAY PROMPT: In 250 words, please describe why you want to be a *Beyond Sunday* Fellow.
  - REFERENCES: One from your pastor or leader of a Catholic program or organization of which the applicant is a member of, and the other from a teacher or principal.
  - For more information about the *Beyond Sunday* Fellows Program, please visit [www.ttef-stl.org](http://www.ttef-stl.org).
  - o Proof of residency (St. Louis City residents only): ONE of the following documents
    - Missouri Driver's License
    - Utility Bill
    - House/Apartment Lease or Deed
    - Bank Statement
    - W2
    - Federal Tax Return Form 1040
    - Government Assistance Award Letter
  - o Proof of Income (see table below)

Type of Income	ONE of the Following Proofs are Required for EVERY Type of Income You Receive
Adjusted Gross Income (Wages from employment and all other income reported on Federal Taxes)	<input type="checkbox"/> Pages 1 & 2 of your 2016 or 2017 Federal Income Tax Return (Form 1040) <b><i>If you do not file taxes you may submit...</i></b> <input type="checkbox"/> 2016 W2 for all places of employment for you and your spouse <b><i>OR</i></b> <input type="checkbox"/> Three paystubs from 2016 or 2017 for all places of employment of you and your spouse
<b>If applicable, please provide proof of any supplemental income your family is receiving.</b>	
Business Income	<b>NOTE: If this income is already claimed on your taxes, do not list the amount as additional Business Income on your application and do not submit additional documentation or your income will be calculated higher than it should be.</b> <input type="checkbox"/> Copy of your business tax return, financial statements or a notarized letter stating your total earnings

Child Support	<input type="checkbox"/> If court ordered, provide documentation stating amount of support and your name <b><i>If not court ordered, you may submit...</i></b> <input type="checkbox"/> Transaction record displaying your name and monthly or annual amount
Public Assistance Cash	<input type="checkbox"/> Award letter displaying name and award amount <b><i>OR</i></b> <input type="checkbox"/> Transaction record displaying your name and monthly or annual amount

Food Stamps	
Social Security/SSI	
Unemployment/Worker's Comp	
Other (includes but is not limited to adoption or foster subsidies, tuition support from family, friends, or employer)	<input type="checkbox"/> If you have other sources of income not reported elsewhere, please provide notarized letters from your employer, family/friends providing financial assistance stating the annual amounts.